Executive coach Peter L. Allen, Ph.D., M.B.A.



Peter Allen brings IQ, EQ, and broad professional experience to his coaching practice to help clients gain clarity and critical insights into themselves and others. Based on these insights, clients are able to change their understanding of themselves and others in ways that help them become more successful, more effective, and happier.

Peter's clients include leaders in a variety of fields, including technology, finance and private equity, health care, small-to-medium enterprises, education, and the arts.

Among the issues Peter often helps clients with:

- Thriving in changing environments, especially changes caused by growth
- Promotion to C-level jobs and the changing demands of new roles
- Stakeholder management, leadership development, and talent management
- Self-awareness, emotional intelligence, communication, and living true to one's values
- Setting (and resetting) career direction
- Setting and achieving goals for self, team, and organization
- Understanding and overcoming internal and external obstacles.

Peter's professional experience spans tech, private equity, venture, financial services, management consulting, and higher education. Previous employers include McKinsey, Google, Standard Chartered Bank, Agoda.com (part of Booking Holdings, the world's leader in online travel), as well as private equity and venture firms. Peter has worked on inclusion and diversity throughout his career, focusing especially on LGBTQ issues.

A graduate of the Hudson Institute of Coaching, Peter is an ICF certified coach. His education includes an M.B.A. in strategic management and health care management from Wharton, a humanities Ph.D. from the University of Chicago, and degrees from the Université de Poitiers (France) and Haverford College. Peter has taught at Princeton University, Pomona College, U.S.C., Yale-National University of Singapore College, Nanyang Business School, and Hult International Business School. He has received many grants and fellowships and is the author of numerous articles and two books.

In his free time, Peter loves to travel, cook, read, write, exercise, and spend time with family and friends. Peter has lived, worked, and studied in the U.S., the U.K., France, Singapore, and Thailand, and currently resides in New York City with his husband, Jet.